

## Glucose Tolerance Test Guide

| Test  | Tube Type                 | Sample Volume | Glucola Load | Intervals  | Fasting Required? | Need to Schedule?<br><b>(850) 416-2940</b> |
|---|---------------------------|---------------|--------------|--|-------------------|--|
| Glucose Tolerance Test<br>2 hr<br>Non-Gestational | Grey Top                  | 3ml           | 75gms        | <u>2 Hours</u><br>Fasting, 2 hr                      | Yes               | Yes  |
| Glucose Tolerance<br>2 hr 75gm<br>(Pregnant)      | Grey Top                  | 3ml           | 75gms        | <u>2 Hours</u><br>Fasting,<br>1 hr,<br>2 hr          | Yes               | Yes  |
| Glucose Tolerance<br>3 hr Prenatal<br>(Pregnant)  | Grey Top                  | 3ml           | 100gms       | <u>3 Hours</u><br>Fasting,<br>1 hr,<br>2 hr,<br>3 hr | Yes               | Yes  |
| Glucose Challenge w/<br>Hemogram<br>(Pregnant)    | Grey Top<br>&<br>Lavender | 3ml           | 50gms        | <u>1 Hour</u><br>Fasting,<br>1 hr                    | Yes               | No   |
| Glucose Tolerance 1 hr<br>Prenatal<br>(Pregnant)  | Grey Top                  | 3ml           | 50gms        | <u>1 Hour</u><br>1 hr                                | No                | No   |